University of Washington
Department of Orthopaedics and Sports Medicine
Shoulder and Elbow Service

2015-2016 Shoulder and Elbow Fellowships
Who are We?

Department of Orthopaedics and Sports Medicine
The fellowship-trained surgeon faculty members of University of Washington Department of Orthopaedics and Sports Medicine provide expert and personalized surgical approaches to the bone and joint problems that threaten the comfort and function of thousands of individuals each year. These surgeons combine decades of experience, knowledge of the world’s literature and their own cutting edge research to optimize the approaches to the vast range of conditions that can be effectively managed by arthroscopic surgery, arthritis and arthritis surgery, foot and ankle surgery, hand and wrist surgery, hip and knee reconstruction, pediatric orthopaedic surgery, shoulder and elbow surgery, spine surgery, orthopaedic trauma surgery, as well as tumor surgery and post surgical reconstruction.

Shoulder and Elbow Service
The Shoulder and Elbow Service, a specialty service of UW Medical Center’s Bone and Joint Surgery Center, provides comprehensive evaluation and management for a wide range of shoulder and elbow problems, including:
- Arthritis of the shoulder
- Arthritis of the elbow
- Dislocation or instability
- Rotator cuff tear
- Joint stiffness
- and complex revision surgery of failed prior procedures

We offer the full spectrum of shoulder and elbow surgeries, from arthroscopy and minimally-invasive procedures, to complex fracture work, partial replacement (hemiarthroplasty) and complete replacement (total shoulder or elbow arthroplasty, as well as reverse shoulder arthroplasty).

Nationally Recognized Program
The Shoulder and Elbow Service is recognized is one of the Nation’s leading academic and clinical Shoulder and Elbow programs.
Our physicians and research programs lead the way in innovative care for shoulder and elbow problems. We are constantly developing new, more effective methods of evaluating and treating our patients.

Our Approach
Our team of specialty-trained physicians, therapists, physicians’ assistants, and nurses uses a multidisciplinary approach in caring for patients, with easy access to other world-class experts at UWMC who can assist with diagnosis and treatment plans.

Management options can range from simple exercises to major reconstructive surgery performed at UW Medical Center, where specially trained nurses and anesthesiologists work with us to ensure quality patient care before, during, and after surgery. Our goal is maximum recovery of joint function.

The physical therapists in the Exercise Training Center, also part of the Bone and Joint Surgery Center, offer non-surgical care and post-surgical rehabilitation programs.

Advanced Clinical Experience (ACE) in Shoulder and Elbow Surgery

We are proud of our program and of the many graduates who have become international leaders in this exciting field. Our program is of one to two years in duration. We usually have two ACEs each year. The experience includes in-depth participation in patient care, teaching, basic science research and clinical outcomes studies. Our goal is to help advance the careers of individuals who are committed to (1) a practice consisting of over 50% shoulder and elbow cases, (2) continuing active research and publication in the field of shoulder and elbow surgery and (3) qualifying for membership in the American Shoulder and Elbow Surgeons (ASES).

Clinical: Our patients come from a wide area, predominantly the states of Washington, Montana, Idaho, and Alaska. Most are seen at our main clinic, the Bone and Joint Center (next page, above right) and at our new Sports Medicine Center at Husky Stadium (next page, below right). Their problems range from straightforward traumatic instability to complex revisions of shoulder and
elbow arthroplasty. Approximately 85% of our clinical work is devoted to the shoulder region and 15% about the elbow. While our primary clinical goal is to offer excellent service to the referring physicians and patients of our region, increasingly we are serving patients from all across the United States. We perform an average of 450 shoulder and elbow procedures per year and see an average of 3,500 outpatient visits per year. The ACEs have their own clinics concurrent with those of the faculty and provide call coverage at the University of Washington Medical Center.

Teaching: Our educational commitment is to provide students, residents, post-graduates, and practicing physicians the most up-to-date information and techniques on the evaluation and management of shoulder and elbow disorders. The ACEs play a major role in the education of the junior resident and a chief resident on the Shoulder and Elbow Service.

Research: We are actively engaged in clinical research using a standard computerized database as well as morphologic research and biomechanical investigations. We have established a clinical outcome database called “Codman” which collects initial and follow-up functional outcome measures for the shoulder and elbow and general health status. Each ACE participates actively in research and is expected to publish at least four peer-reviewed articles based on their year’s work.
Frederick A. Matsen III, M.D.
Professor

Dr. Matsen, ranked as a “Top Doctor” in the category of “Orthopaedics” according to Seattle Magazine, has dedicated his entire professional life to developing excellence in Orthopaedics and Sports Medicine at the University of Washington. Starting with his residency here in 1971 he developed an interest in shoulder and elbow reconstruction. A fellowship with the father of modern shoulder surgery, Dr. Charles S. Neer II, confirmed his lifetime commitment to improving the art of care of patients with simple and complex problems involving the shoulder and elbow. He has partnered with Charles Rockwood, a fellow Texan, in editing the definitive text in shoulder surgery *The Shoulder*, soon to be in its fifth edition from Saunders. He has also written *Practical Evaluation and Management of the Shoulder* and most recently, along with a former shoulder fellow Steve Lippitt, has published *Shoulder Surgery, Principles and Procedures*, also published by Saunders. Matsen and his partner Winston Warme are the primary faculty for a fellowship in shoulder and elbow surgery.

He is the former chair of the Department of Orthopaedics and Sports Medicine, a position he held from 1986 to 2009, making him amongst the longest tenured chairs among clinical departments at the University of Washington. During his tenure the Department has risen to being one of the top Departments according to rankings by U.S. News and World Report and by the National Institutes of Health. These dramatic accomplishments are a direct result of the wonderful faculty, staff, residents, fellows, postdoctoral students, graduate students, alumni and benefactors that have together made the Department what it is today.

Currently, his research includes work on *Propionibacterium acnes*, the relatively slow-growing bacterium. Collaborating with Drs. Pottinger, Butler-Wu, and Bumgarner, Dr. Matsen has published original research on these bacterial cultures found in revision shoulder arthroplasties. In addition, he continues his work on conflict of interest questions, chondrolysis and pain pumps, impingement syndrome, and glenohumeral arthritis. He is currently committed to providing quality free information to the world on the shoulder arthritis and rotator cuff tears via the Shoulder Blog (www.shoulderarthritis.blogspot.com) which recently passed 300,000 page views from over 100 countries.
Our Faculty

Winston J. Warme, M.D.
Associate Professor
Chief, Shoulder and Elbow Service

Prior to joining the University of Washington, Dr. Warme worked as an academic orthopaedic surgeon in the US Army. His time in the military began as an enlisted Special Forces Medic. Subsequently he attended college at the University of Colorado, and medical school at the Uniformed Services University of the Health Sciences. His time working with elite troops and athletes fostered an interest in sports medicine, with special focus on shoulder and elbow problems. Dr. Warme completed a fully accredited fellowship with Dr. Robert A. Arciero, at West Point, NY in 1998. During COL Warme’s tenure he was a program director for a residency program and a chair of orthopaedic surgery at an Army Medical Center. He served in Operation Iraqi Freedom and received many awards and decorations during his 24 year career.

In 2007, Dr. Warme joined the University of Washington Department of Orthopaedics and Sports Medicine. The following year he took on the responsibilities of running the Shoulder and Elbow Service as Chief as well as the Program Director position in charge of the Shoulder and Elbow Fellowship Program. Since then, he has brought in over $130,000 grant funds for the fellowship program.

Most recently, he was awarded the UW Medicine Cares Award. The award was established in 2013 to formally recognize and celebrate the accomplishments and excellences of those in the UW Medicine community who consistently exemplify the Patients Are First Service Culture Guidelines – professional standards that ensure that anyone who encounters UW Medicine receives the same great care and service throughout the system.

Joining the Shoulder and Elbow Service in the Department of Orthopaedics and Sports Medicine at the University of Washington has allowed Dr. Warme to continue to provide optimal care to patients while continuing to teach orthopaedic surgeons-in-training, and to forward his research efforts.
Albert O. Gee, M.D.
Assistant Professor

Albert Gee is a sports medicine and shoulder surgeon with specialty training in the care of the injured athlete. He attended medical school at Washington University in St. Louis and completed his training in orthopaedic surgery at the University of Pennsylvania - the oldest training program in the United States. Dr. Gee completed a fellowship in sports and shoulder surgery at the prestigious Hospital for Special Surgery in New York City where he served as assistant team physician for the NBA’s New Jersey Nets. He served as a member of the medical staff of the U.S. Open Tennis Tournament and served as an assistant team physician for the Iona College Gaels.

His clinical interests include treating shoulder injuries, knee ligament injuries (ACL, PCL, MCL, LCL) and athletic ankle problems. His research interests include ligament and tendon biomechanics and mechanobiology, meniscus and cartilage tissue engineering, and shoulder instability and reconstruction.

Dr. Gee is a member of the American Academy of Orthopaedic Surgeons, American Orthopaedic Society for Sports Medicine, and the Arthroscopy Association of North America.

Starting in September 2014

Jason E. Hsu, M.D.
Assistant Professor

In September 2014, we will add another surgeon to our Shoulder and Elbow Service – Jason Hsu. Jason attended medical school at Northwestern University and then completed his residency at the University of Pennsylvania. During his residency, he spent one year in the McKay Orthopaedic Research Laboratory focusing on research involving tendon and ligament injury, repair, and healing. He is currently completing his fellowship at Washington University in Saint Louis.

His research interests include work on the basic science of tendon and ligament healing and outcomes after rotator cuff repair and shoulder arthroplasty. He has been published in multiple peer reviewed periodicals including the Journal of Shoulder and Elbow Surgery, the Journal of Bone and Joint Surgery, Clinical Orthopaedics and Related Research, Arthroscopy, Journal of Orthopaedic Research, and Journal of Biomechanics.
Our Facilities

University of Washington Medical Center

Surgery Pavilion
Bone and Joint Center

The University of Washington Orthopaedics and Sports Medicine Shoulder & Elbow Service operates on patients at the Surgery Pavilion at the main UWMC building (pictured at upper right). In addition, we run an ambulatory surgery center at the Bone and Joint Center over on Roosevelt Way (lower right).

The UWMC is a 396-bed general medical and surgical facility with 18,919 admissions in the most recent year reported. It performed 7,272 annual inpatient and 7,865 outpatient surgeries. Its emergency room had 25,602 visits.

Every effort has been made to create the ideal patient experience in the UW Medical Center Surgery Pavilion - from convenient parking to one-stop patient registration inside, Internet access in spacious, light-filled lobbies and operating rooms and clinics featuring the most advanced technology available. “With the Surgery Pavilion, our goal was to establish a new standard for surgical care and training in the Northwest,” said Dr. Mika Sinanan, UW professor of surgery. “In designing the building and its clinical operations, we have sought to foster operational efficiency and create an ideal environment for our patients, physicians, students and staff.”

Dr. Frederick Matsen sees his patients at the Bone and Joint Center and operates at the Surgery Pavilion. Dr. Winston Warme operates on patients at both the Surgery Pavilion and the Bone and Joint Center.

The Shoulder and Elbow fellows see patients at the Bone and Joint Center and operate with Dr. Matsen at the Surgery Pavilion and with Dr. Warme and both locations.
Sports Medicine Center at Husky Stadium

As team physicians for the UW Huskies, our expertise is in treating athletic injuries. We are committed to providing care to injuries sustained at all levels of physical activity...whether a weekend basketball-warrior, recreational skier, experienced mountaineer, or professional athlete. At our sports medicine center, we offer innovative, advanced and minimally-invasive treatment options to get active individuals “back in the game”.

Our new sports medicine center opened in the renovated Husky Stadium in September 2013. Here, we provide evaluation, prevention and treatment of sports or exercise-related injuries, surgical and specialty care of the shoulder; elbow; hip; back; knee; ankle and foot; hands and wrist; and back-related problems, arthroscopic and minimally-invasive surgery, ultrasound diagnostics and platelet-rich-plasma (PRP) treatments, advanced exercise training programs; performance and sports health analytics; and physical therapy/rehabilitation for returning to activity, brace-fitting; custom orthotics; splinting; casting and bike-fitting; nutritional support; and sports psychology.

From our Shoulder and Elbow Service, you will find Dr. Winston Warme and Dr. Albert Gee seeing patients in their outpatient clinics here, as well as Jill Eggers-Knight (pictured above with Dr. Gee), physician assistant to Dr. Warme, and the shoulder and elbow fellows.

Eastside Specialty Center

UW Medical Center’s Eastside Specialty Center provides residents of Bellevue and neighboring communities outpatient treatment, including minor procedures, from some of the region’s finest physicians. Patients can expect outstanding care thorough diagnostic evaluation and thorough appointments with specialists in many practices.

The ESC provides:
• Surgical and nonsurgical approaches to injuries and disorders affecting bones, joints and organs
• On-site rehabilitation specialists and physical therapists help manage patients’ recoveries
• Quick-turnaround lab tests and onsite diagnostics for cardiology and vascular surgery
• Patients’ surgical procedures take place at UW Medical Center, but most pre-operative tests and post-op care happen here, a convenience for people who live or work on the Eastside.

Dr. Winston Warme conducts an outpatient clinic here every Monday.
**Our Service Schedule**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matsen</td>
<td>Clinic at the Bone and Joint Center, Research Meeting, Preop Conference</td>
<td>Inpatient OR for arthroplasty and cuff work – 2 rooms, typically 6-9 cases</td>
<td>Clinic at the Bone and Joint Center</td>
<td>SWAT* meeting, Fellow clinic</td>
</tr>
<tr>
<td>Warme</td>
<td>Clinic at Eastside Specialty Center</td>
<td>Roosevelt OR (outpatient) – arthroscopy and other stuff (clavicles, AC reconstructions, elbow), 2 rooms</td>
<td>Pavilion OR (inpatient), arthroplasty, SC recon, etc</td>
<td>SWAT* meeting, SMC Clinic, Fellow clinic</td>
</tr>
<tr>
<td>Gee</td>
<td>AM Research PM VA Outpt (12-6pm)</td>
<td>SMC Clinic</td>
<td>VA OR/Rounds</td>
<td>AM Research PM VA Outpt (12-6pm)</td>
</tr>
</tbody>
</table>

* SWAT: Shoulder Washington Academic Team – we meet every Thursday morning with all staff (Matsen, Warme, and Gee), both ACEs, resident, and medical students on the service to talk about whatever the ACEs want. Things we might discuss include review of upcoming cases, recent cases, patients we’ve seen in clinic and don’t know how to treat, recent articles of interest, ideas for new research topics, and anything else the ACEs want.

** Dr. Gee is a new faculty member fellowship trained in Sports Medicine (HSS). The shoulder/elbow ACEs have the opportunity to work with him as well on Thursdays and Fridays. Additionally, the ACEs may seek out additional exposure to trauma cases as they desire, but this is not required or expected.


Journal Articles Published - Peer Reviewed

Winston J. Warme, M.D.


Journal Articles Published - Peer Reviewed
Albert O. Gee, M.D.

Journal Articles Published - Peer Reviewed
Jason E. Hsu, M.D.


2013-2014 Shoulder and Elbow ACEs

Yaw Boachie-Adjei, M.D.
Dr. Boachie-Adjei joins us from Charlottesville, Virginia where he worked with Drs. Abel, Bravo, Carson, and Chhabra at the University of Virginia.

Pager 206-540-5322
Email yboach@uw.edu

Andrew Pastor, M.D.
Dr. Pastor joins us from Chicago where he worked with Drs. Goldberg, Goldstein, Gonzalez, and Mejia at University of Illinois.

Pager 206-994-8750
Email pastor@uw.edu
Past Shoulder and Elbow ACEs

2012-2013  Matthew McElvany, M.D.
Kaiser Permanente Santa Rosa Medical Center
401 Bicentennial Way
Santa Rosa, CA 95403

Eric McGoldrick, M.D.
St. Joseph Health
2826 Harris Ave
Eureka, CA 95503

2011-2012  Bradley Carofino, M.D.
Atlantic Orthopaedic Specialists
230 Clearfield Ave, Suite 124
Virginia Beach, VA 23454

Matthew Jenkins, M.D.
Tacoma Orthopedic Surgeons
2420 South Union Avenue
Tacoma, WA 98405

2010-2011  Mark McKenna, M.D.
1909 Vista Drive
Laramie, WY 82070

Anastasios Papadonikolakis, M.D.
Southeastern Regional Medical Center
300 W. 27th Street
Lumberton, NC 28358
Past Shoulder and Elbow ACEs

2009-2010
Erica Burns, M.D.
Inland Orthopaedics of Spokane
820 McClellan St., Ste 300
Spokane, WA 99204

Dan Heaston, M.D.
303 63rd Ave
Greeley, CO 80634

2008-2009
Deana Mercer, M.D.
University of New Mexico School of Medicine
MSC10 5600
1 University of NM
Albuquerque, NM 87131

Matthew Saltzman, M.D.
Northwestern University
Department of Orthopaedic Surgery
676 N St. Clair, 13th Floor
Chicago, IL 60611

2007-2008
Jeremiah Clinton, M.D.
Bitterroot Orthopedics and Sports Medicine
1170 Westwood Dr, Suite A
Hamilton, MT 59840

Joseph Lynch, M.D.
4782 Rutherford Cir SW
Port Orchard, WA 98367
Past Shoulder and Elbow ACEs

2006-2007  Ryan T. Bicknell, M.D.
Queen’s University
Kingston General Hospital, Nickle 3
76 Stuart Street
Kingston, Ontario K7L 2V7
Canada

2005-2006  Caroline M. Chebli, M.D.
Northwest Hospital
10330 Meridian Ave Ste 300
Seattle, WA 98113

2004-2005  Amy K. Franta, M.D.
Meriter Orthopedic Clinic
2275 Deming Way Suite 180
Middleton, WI 53562

Tim R. Lenters, M.D.
River Valley Orthopedics
350 Lafayette Ave. SE
Grand Rapids, MI 49546 USA

2003-2004  Ben DuBois, M.D.
Grossmont Orthopaedics
5565 Grossmont Center Drive, Building #3-256
La Mesa, CA 91942

Emma Woodhouse, M.D.
Kaiser Permanente Medical Care
43112 - 15th St W
Lancaster, CA 93534
Past Shoulder and Elbow ACEs

2002-2003  Ira M. Parsons, M.D.
Seacoast Orthopedics and Sports Medicine
237 Route 108, Suite 205
Marshbrook Professional Center
Somersworth, NH 03878

Robert Titelman, M.D.
Resurgens Orthopaedics
5671 Peachtree Dunwoody Rd Ste 700
Atlanta, GA 30342

2001-2002  Richard S. Boorman, M.D.
University of Calgary
Heritage Medical Research Bldg
3330 Hospital Dr NW
Calgary, Alberta T2N 4N1
Canada

Edward J. Weldon, M.D.
888 S King St
Honolulu, HI 96813

2000-2001  R. Sean Churchill, M.D.
Aurora Advanced Healthcare
3003 W Good Hope Rd
Milwaukee, WI 53209-0996

Edward V. Fehringer, M.D.
University of Nebraska Medical Center
981080 Nebraska Medical Center
Omaha, NE 68198
Past Shoulder and Elbow ACEs

1999-2000  Samer S. Hasan, M.D., Ph.D.
Cincinnati Sportsmedicine & Orthopaedic Center
328 Thomas More Parkway
Crestview Hills, KY 41017

Jordan Leith, M.D.
UBC Hospital, 2nd Floor, Unit 2C
2211 Wesbrook Mall
Vancouver, BC V6T 2B5
Canada

1998-1999  Benjamin Goldberg, M.D.
University of Illinois at Chicago Medical Center
835 S. Wolcott Ave Room 270 (MC 844)
Chicago, IL 60612-7342

Marius Scarlat, M.D.
Clinique Chirurgicale St. Michael
Avenue D’Orient
83100 Toulon
France

1997-1998  Richard Rozencwaig, M.D.
Ortho Care & Sports Med Ctr
21000 NE 28th Ave Ste 104
Aventura, FL 33180
Past Shoulder and Elbow ACEs

1996-1997  David Duckworth, M.D.
           116 Macquarie Street
           Parramatta, New South Wales, 2150
           Australia

1995-1996  Kevin L. Smith, M.D.
           Northwest Hospital
           10330 Meridian Avenue North #190
           Seattle, WA 98112

1994-1995  Dean W. Ziegler, M.D.
           Blount Orthopaedic Clinic Ltd
           625 E St Paul Ave
           Milwaukee, WI 53202

1993-1994  Mark D. Lazarus, M.D.
           Rothman Institute
           925 Chestnut Street
           Philadelphia, PA 19107

1992-1993  Anthony A. Romeo, M.D.
           Department of Orthopaedic Surgery
           Rush University Medical Center
           1725 W. Harrison St, Suite 1063
           Chicago, IL  60612
Past Shoulder and Elbow ACEs

1991-1992  Michael L. Pearl, M.D.
Kaiser Permanente Medical Center
4760 Sunset Blvd Rm 1213
Dept of Ortho 1st Fl
Los Angeles, CA 90027-6021

1990-1992  Steve B. Lippitt, M.D.
Akron General Medical Center
224 West Exchange Street, Suite 440
Akron, OH  44302-1718

1990   David C. Collins, M.D.
600 South McKinley, Suite 102
Little Rock, AR  72205

1989   Steven Thomas, M.D.
Orthopaedic Surgery & Sports
701 South Tonopah Drive
Las Vegas, NV  89106

1988-1989  Craig Arntz, M.D.
Valley Orthopedic Associates
4011 Talbot Road South, Suite 300
Renton, WA  98055

Douglas T. Harryman II, M.D.
University of Washington
Department of Orthopaedics & Sports Medicine
Seattle, WA  98195
(Deceased)
Lodging near the University of Washington Medical Center

College Inn
4000 University Way NE, Seattle, WA
(206) 633-4441
www.collegeinnseattle.com

University Inn
4140 Roosevelt Way NE, Seattle, WA
(206) 632-5055
www.universityinnseattle.com

Hotel Deca
4507 Brooklyn Ave NE, Seattle, WA
(206) 634-2000
www.hoteldeca.com

Watertown Hotel Seattle - A Piece of Pineapple Hospitality
4242 Roosevelt Way NE, Seattle, WA
(206) 826-4242
www.watertownseattle.com

Travelodge Seattle University
4725 25th Ave NE, Seattle, WA
(206) 525-4612
www.travelodgeseattleuniversity.com

Silver Cloud Inn - University District
5036 25th Ave NE, Seattle, WA
(206) 526-5200
www.silvercloud.com/university/

Lodging in Downtown Seattle

W Seattle
1112 Fourth Ave, Seattle, WA
(206) 264-6000
www.wseattle.com

The Fairmont Olympic Hotel
411 University St, Seattle, WA
(206) 621-1700
www.fairmont.com/seattle/

Hyatt at Olive 8
1635 8th Ave, Seattle, WA
(206) 695-1234

Hilton Seattle
1301 6th Ave, Seattle, WA
(206) 624-0500
www.thehiltonseattle.com

Sheraton Seattle Hotel
1400 6th Ave, Seattle, WA
(800) 325-3535
www.sheratonseattle.com
Location & Directions

Location: University of Washington Medical Center
Department of Orthopaedics and Sports Medicine
1959 NE Pacific Street
Seattle, WA 98195

Directions from Sea-Tac Airport:
1. Head south on Departures Dr
2. Continue onto Airport Expressway
3. Keep right at the fork and merge onto WA-518 E
4. Take the exit on the left onto I-5 N toward Seattle
5. Take exit 168B to merge onto WA-520 E toward Bellevue/Kirkland
6. Take the Montlake Blvd exit toward Univ of Wash
7. Continue straight
8. Turn left onto Montlake Blvd E/Washington 513
9. Slight left onto NE Pacific St
Destination will be on the left

http://goo.gl/maps/H1810
Transportation from Sea-Tac Airport

Taxi Cabs (Yellow Cab)
Available on the third floor of the parking garage. Sedans and large vans are available. Call (206) 622-6500 or you can also visit their website at www.yellowtaxi.net

Link Light Rail to Downtown
The SeaTac / Airport Station is connected to the fourth floor of the airport garage. Trains arrive and depart on the platform level of the station. The covered, level walkway to the airport terminal is one level down on the mezzanine. The well-lit walkway is separated from the main area of the garage and directional signs point the way to the main terminal skybridge. Wheelchair service is available.

The Link Light Rail service runs from 5 a.m. to 1 a.m. Monday through Saturday and 6 a.m to midnight on Sundays. Trains arrive and depart every 7 1/2 to 15 minutes, depending on the time of day.

King County Metro Transit
The Metro bus stops that serve Sea-Tac Airport (routes that serve Sea-Tac) are located on International Boulevard (State Highway-99) and South 176th Street by the Link Light Rail Station. The most convenient route to the stops is to take the walkway through the north end of the fourth floor of the Airport Parking Garage to the Sound Transit Link Light Rail Station and exit to International Boulevard.

Departure times are shown on information signs at the bus stop. You also can pick up printed bus timetables at the Ground Transportation Information Booth on the Baggage Claim level near door number 16 (across from baggage carousel 12).
Transportation

Rental Cars
All rental car companies currently operating at Sea-Tac Airport have moved their customer service counters, rental vehicles and related activities to the new rental car facility. Dedicated shuttle buses operate 24 hours a day with two passenger pick-up areas located outside baggage claim at the north and south ends of the main terminal.

Upon arrival at Sea-Tac Airport
Proceed to the baggage claim level and pick up your checked bags. Exit the sliding glass doors near carousel #1 or #15 and walk to one of the two designated shuttle bus pick-up areas. Shuttle buses depart frequently for the rental car facility. If you are returning a vehicle, take SR518 and follow signs for the Rental Car Facility.

Companies operating at the Rental Car Facility
Alamo: 1-800-462-5266 or www.alom.com
Avis: 1-800-331-1212 or www.avis.com
Budget: 1-800-527-7000 (local reservations), (800) 527-0700 (out-of-town reservations) or www.budget.com
Hertz: 1-800-654-3131 or www.hertz.com
National: 1-800-328-4567 or www.nationalcar.com
Advantage: 1-800-777-5500, (206) 824-0161 or www.advantage.com
Dollar Car Rental: (206) 433-5825 or www.dollar.com
Enterprise: (206) 246-1953 or www.enterprise.com
Thrifty: (206) 246-3005 or www.thrifty.com
Fox Rent A Car: 1-800-225-4369 or www.foxrentacar.com
Payless: 1-800-PAYLESS or www.paylesscar.com

Customers looking for a shuttle to Rent-A-Wreck need to take the Rental Car Facility Shuttle and transfer to the company’s shuttle at the facility.
Parking

University of Washington Medical Center Parking

Triangle Parking Garage

The Triangle Parking Garage is located on N.E. Pacific Place, across the street from UW Medical Center. From Montlake Blvd., turn left onto N.E. Pacific Street and right on to N.E. Pacific Place. There is direct access to the third floor (main entrance) via a pedestrian tunnel. The Triangle Garage has 500 parking stalls with 67 disability-parking stalls and 9 wheel-chair-accessible parking stalls. Medical center parking staff is on duty Monday through Friday 6 a.m. to 12 a.m. and on Saturday from 7 a.m. to 4 p.m. Garage parking is free on Sundays. The Triangle Garage has a height restriction of 6-feet, 8-inches. Over-sized parking is available in the S-1 lot behind the hospital.
Parking

Surgery Pavilion Parking Garage

The Surgery Pavilion Parking Garage, accessed off of N.E. Pacific Street alongside the entrance to the Emergency Department, is primarily for Surgery Pavilion patients and their visitors. Disability parking is located on all parking levels with limited availability for oversized disability vehicles on Level P1 of the garage. Garage hours are 6 a.m. to midnight Monday through Friday and closed on weekends. Hours are subject to UW special events. After-hours parking is only available in the Triangle Garage and not in the Surgery Pavilion Garage.

Frequently Asked Questions

Q: How much does parking in the Triangle Garage cost? A: Reduced rate parking is available for UWMC patients and their visitors. The maximum fee is $7 per visit with a discount validation coupon.

Q: How much is valet parking? A: Valet parking from the main entrance is an additional service and patients and their visitors will pay a maximum of $10 with a validation coupon.


Q: What are the Triangle Garage parking staff hours? A: Monday – Friday, 6 a.m. to midnight, Saturday, 7 a.m. to 4 p.m. Hours are subject to UW’s Special Events calendar and schedule.

Q: What are the Surgery Pavilion Garage hours? A: Monday – Friday, 6 a.m. to 10 p.m. Closed on weekends. Hours are subject to UW’s Special Events calendar and schedule.
Contact Information

University of Washington Medical Center
Information (206) 598-3300
Paging (206) 598-6190

Department of Orthopaedics and Sports Medicine
Website: www.orthop.washington.edu
Facebook: www.facebook.com/UWOrthopaedicsSportsMedicine
Twitter: www.twitter.com/UWOrthopaedics
YouTube: www.youtube.com/user/HuskyOrthopaedics
Phone: Administration Front Desk (206) 543-3690

Bone and Joint Center
Front Desk (206) 598-4288
Backline (206) 598-9787

Sports Medicine Clinic
Front Desk (206) 543-1552
Backline (206) 598-3294

Eastside Specialty Center
Front Desk (425) 646-7777
Backline (206) 520-2200

Contacts: Frederick A. Matsen III, MD matsen@uw.edu
Shoulder Blog: www.shoulderarthritis.blogspot.com
Shoulder Twitter: www.twitter.com/shoulderarth

Winston J. Warme, MD warmewj@uw.edu

Albert O. Gee, MD agl12@uw.edu

Jason E. Hsu, MD jason.e.hsu@gmail.com

Fred Westerberg fwesterb@uw.edu
Program Operations Specialist (206) 543-3690 or (206) 221-4189